

# September

	Monday	Tuesday	Wednesday	Thursday	Friday
A La Carte items can be purchased at SES & STM	Meal includes 4 components, required to take 3 items for the meal price. Students <b>must</b> choose a 1/2 cup of fruit at breakfast for their meal to be complete. Fruit choices include; juice, fresh fruit, canned or dried fruit.			This menu is subject to change without notice. You may fill out an application for free or reduced meals at any time.	<b>1</b> Dutch Waffle
Fresh Fruit Cereal Cereal Bars Caramel or Cinnamon Rolls - every Friday Muffins Bagels Yogurt Cheese Sticks Fruit Juices English Muffins Oatmeal Granola Smoothies	<b>4</b> No School	<b>5</b> Ham, Egg & Cheese Slider	<b>6</b> Biscuits & Gravy	<b>7</b> Sausage, Egg & Cheese English Muffin	<b>8</b> Pancakes
	<b>11</b> Pancake/Sausage on a Stick	<b>12</b> Bacon, Egg & Cheese Slider	<b>13</b> Biscuits & Gravy	<b>14</b> Sausage, Egg & Cheese Wrap	<b>15</b> Egg & Cheese English Muffin
	<b>18</b> Breakfast Tornados	<b>19</b> Ham, Egg & Cheese Slider	<b>20</b> Biscuits & Gravy	<b>21</b> Scrambled Eggs & Bacon	<b>22</b> Waffle
	<b>25</b> Pancake/Sausage on a Stick	<b>26</b> Bacon, Egg & Cheese Slider	<b>27</b> Biscuits & Gravy	<b>28</b> Sausage, Egg & Cheese English Muffin	<b>29</b> French Toast

In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write immediately to Dept. of Agriculture, Wash. DC 20250.

Breakfast Meal Prices  
 PreK-12 \$2.35  
 Adult \$2.70  
 Meal includes 1/2 pint milk  
 Extra milk \$.50