

january

2019

Rapid City Catholic School

This menu is subject to change without notice. You may fill out an application for free or reduced meals at any time.

Meal includes 5 components, required to take 3 for a meal price & one must be a fruit or a vegetable



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Christmas Break	2 Christmas Break	3 Christmas Break	4 Christmas Break
7 Personal Pan Pizza (MS/HS) Pepperoni or Buffalo Chicken Pizza Green Beans Applesauce	8 Chicken Strips Mashed Potatoes/Gravy Steamed Broccoli Dinner Roll Pears	9 Lasagna Breadstick Corn Mixed Fruit	10 Super Nachos Fiesta Beans Potato Ole's Pineapple	11 Cheese Pizza Boat Carrots/Celery Ranch Dip Grapes
14 Cheeseburger French Fries (MS/HS) Toppings Bar Applesauce	15 Chili Caramel Roll Fresh Broccoli Grapes	16 Chicken Alfredo Garlic Breadstick Green Beans Peaches	17 Popcorn Chicken Curly Fries Pears Cinnamon Puff	18 Grilled Cheese Sandwich Tomato Soup Mixed Fruit
21 No School Today	22 Chicken Sandwich Sweet Potato Fries Green Beans Grapes	23 Spaghetti/Meat Sauce Dinner Roll Lettuce Salad Mixed Fruit	24 Tator Tot Casserole Garlic Toast Baked Beans Pears	25 French Toast (MS/HS) String Cheese Potato Ole's Orange Slices
28 Corn Dog Curly Fries Fresh Broccoli/Carrots Applesauce	29 Chicken Drumstick Campfire Beans Biscuit/Jelly Pears	30 Meatball Sub Sandwich French Fries Carrots/Celery Grapes	31 Chicken Nuggets Mashed Potatoes/Gravy Dinner Roll Mixed Fruit	1 Cheese Stuffed Breadsticks Marinara Sauce Green Beans Peaches

Lunch Meal Prices:
Pre K \$2.75,
K-5 \$2.75
6-8 \$3.00
9-12 \$3.25
Adult \$3.75
Meal includes:
1/2 pint milk
Extra milk \$.50

