

## Rapid City Catholic School Food Service

The RCCSS Food Service Department provides a well-balanced, nutritious breakfast and lunch program for students, staff and guests, which follow our Wellness Policy and the National School Breakfast and Lunch Requirements.

Meal Prices for 2020-2021:

Breakfast - PreK-12<sup>th</sup> \$2.35, Adults \$2.70

Lunch – PreK-5<sup>th</sup> \$3.00 – MS- 6<sup>th</sup>-8 \$3.00 – STM HS 9<sup>th</sup>-12<sup>th</sup> \$3.25 Adults \$4.00

**Payments and Charges:** We encourage everyone to use our online service for making payments to student accounts. [www.myschoolbuck.com](http://www.myschoolbuck.com). Setting up an account is free and very easy. To set up an account, please request your child's unique ID from either the school's office or from the Food Service Director by emailing [beckymerwin@rscss.org](mailto:beckymerwin@rscss.org). All students have their own account. Viewing your child's account at [www.myschoolbuck.com](http://www.myschoolbuck.com) to see their balance purchases and setting up low balance alerts is free. To make a payment online there is a fee. Payments can also be made by dropping off a check or cash at any RCCSS office.

**Free and Reduced Application:** Applications are available on the school's website at [www.rcss.org](http://www.rcss.org) or in any of the RCCSS offices. This is a federally funded program and is a very vital part of our lunch program. If you feel that your family may qualify for free or reduced meals, please fill out the application as soon as possible and return it to the school office attention Food Service Director. If you have any questions regarding the Free & Reduced program or questions filling out the application please call Becky Merwin Food Service Director. Remember, all information on the application is confidential and all students on the program are kept confidential.

### Lunch Time Information:

Breakfast: A meal includes 4 components: grains, fruit, meat/meat alternative and milk. Students are required to take 3 items for a complete meal. Students must choose a ½ cup fruit, and a grain to make their meal complete.

Lunch: A meal includes 5 components; meat/meat alternative, grains, fruit, vegetable and milk. Students in grades Prek-5<sup>th</sup> are served all 5 components. Students 6<sup>th</sup> – 12<sup>th</sup> have the option of choosing what items they would like to make their meal. The daily menu and components are posted at the serving line. Students in grades 6<sup>th</sup> – 12<sup>th</sup> are required to take 3 components for a complete meal price and one of the three components must be a fruit or vegetable.

**Menus:** School menus are posted monthly on our website.

**A la carte item:** Ala carte items will be very limited this year because of Covid -19. When conditions improve we will be offering ala Carte again at STM cafeteria.

**Lunch Cards/ID Numbers:** Every student is issued a lunch ID number that remains with them from year to year. In grades Prek – 8<sup>th</sup> grade each student is issued a lunch card. Cards are dispersed to the students prior to lunch meal serve and are collected by the Food Service Staff then after the cards are scanned they are returned to the classroom teacher. Students in grades 9<sup>th</sup> – 12<sup>th</sup> will put their ID number into the pin pad at the cashier and their meal is charged to their account.

Thank you for your continued support of the School Lunch Program.  
If you have any question or concerns please contact me

Becky Merwin  
Rapid City Catholic School  
Food Service Director